Welcome to the Basic Life Support (BLS) Provider Course. BLS is the foundation for saving lives for victims of cardiac arrest. The course teaches the skills of high-quality cardiopulmonary resuscitation [CPR] for adult, child, and infant. The skills you will learn will give you confidence to respond immediately as a single rescuer / good Samaritan or as a member of a multidisciplinary medical team.

**Goal:**

Maintaining blood flow to the heart and brain is the priority a head of other interventions, such as administering medications. Always maintaining cardiac output during resuscitation attempts is key to return of spontaneous circulation [ROSC].

The BLS Course is designed for healthcare providers either in-hospital or out-of-hospital setting to learn lifesaving skills required of an individual, as a team member and team leader, directly involved in the management of cardiac arrest. The goal of the course is to improve outcomes for adult, child, and infant cardiac arrest victims, through early recognition and involvement of high performance teams.

**Course Requirements**

1. To receive your BLS completion card, you must complete the following:
   1. Participate in high-quality CPR skills.
   2. Pass the Adult CPR and AED Skills Test.
   3. Pass the Infant CPR Skills Test.
   4. Score 84% on written examination.

Plan to arrive on time, it will be difficult for late students to catch up once class start. Students are expected to attend and participate in the entire course.

Any questions about the course call BLS Training Center at 702.772.5115.